

## FALL 2023 ISSUE

01

Meet Dr. Dayle Davenport

02

Dr. Dayle Davenport,  
continued

03

Faculty Spotlight  
New Faculty

04

New Faculty, Continued

05

New Faculty, Continued  
New Appointments  
Recent Promotions  
Appointments/Elections,  
Honors, and Awards

06

New/Renewed Federal Grants  
The Balancing Act

07

The Balancing Act, Continued  
Article: Institutional Support  
for Lactating Physicians?  
Trainee Spotlight

08

Trainee Spotlight, Continued  
Committee Events

### Committee Mission Statement

To develop and enhance the academic environment for women faculty and trainees through networking, mentorship, professional development, and advocacy.



### MEET DAYLE DAVENPORT, MD

#### Associate Dean for Health Equity, Diversity, and Inclusion (HEDI)

As of February 2023, Dr. Davenport has served as the Associate Dean for Health Equity, Diversity, and Inclusion (HEDI) for Pritzker School of Medicine. Dr. Davenport earned her undergraduate degree from the University of Pennsylvania, graduated with a medical degree from Harvard Medical School, and trained at the University of Chicago in the Emergency Medicine Residency Program. Following residency, Dr. Davenport received an academic appointment in the Department of Emergency Medicine at Rush University Medical Center, where she served as the Assistant Dean for Diversity and Inclusion at Rush Medical College.

In her role as Assistant Dean at Rush, Dr. Davenport worked with various student organizations to understand the specific experiences of underrepresented minority students and professionals in medicine. Additionally, she served as the faculty advisor for the Peck Advisory Group, for the Housestaff Diversity, Equity, and Inclusion Committee, and the Chicago Minority Medical Student Emergency Medicine program. She has had numerous speaking invitations as well as honors and awards, including the Marcus Martin Scholarship Award and the 2022 Rush Excellence in Mentoring award. Dr. Davenport also actively participated in various committees at Rush and was an active participant and leader in Rush Medical College's admissions process, serving on the Executive Admissions Committee and the Diversity Workgroup Subcommittee.

Nationally, Dr. Davenport is a member of the American College of Emergency Physicians, Section on Minority Affairs and Diversity, the Association of American Medical Colleges Group on Diversity and Inclusion, and the Council of Residency Directors, Diversity, Equity, and Inclusion Committee. Dr. Davenport has numerous peer-reviewed publications with a specific focus on gender and racial bias in medical student Standardized Letters of Evaluation as well as on improving the diverse recruitment of residents and faculty in Emergency Medicine. She has also authored various papers and book chapters on topics related to clinical care and quality improvement initiatives in emergency medicine. →

**DAYLE DAVENPORT, CONTINUED**

At Pritzker, Dr. Davenport is the course director for the Health Equity, Advocacy and Antiracism course where students learn how the structural drivers of health impact individual and community health and perpetuate the existence and magnitude of healthcare disparities. With the new Phoenix curriculum implementation this year, Dr. Davenport also works with the curriculum team to ensure that Pritzker graduates will not only be exceptional clinicians, but also compassionate, culturally aware physicians who can connect with and serve diverse populations effectively. In addition, Dr. Davenport acts as the Director of the Bowman Society Lecture Series highlighting lecturers whose scholarship focuses on health care or research in minority communities. Her office also supports two summer pathway programs for undergraduate students who are interested in careers in medicine and health related research.

**WC: What helped you develop leadership skills and be named to leadership positions throughout your career?**

DD: To be honest, I didn't set out to be in leadership. I came into a leadership role because I was advocating on behalf of students and housestaff who were underrepresented in medicine. I realized that the only way to create change was to be in a position where either I, or at least my ideas, were in the room where decisions were being made. While a commitment to equity, diversity, and inclusion is my career's focus, championing these principles to foster a more inclusive and equitable learning environment is how I became a leader.

I think that leadership is a lifelong learning process and evolving skill. I have learned from and observed many experienced leaders who have had vastly different leadership styles. I've also taken formal leadership development programs, attended workshops, and read extensively on leadership and management. I highly recommend taking a DiSC assessment to learn more about the strengths and weaknesses of your leadership style.

Effective communication is at the core of leadership and it is a skill that I get to practice daily in the Emergency Department. Empowering and motivating teams has also been a core aspect of my leadership philosophy. I try to create a positive team dynamic by recognizing and harnessing the potential of each team member. I will never ask anyone to do something I wouldn't do myself and my team knows that. I think that the only way you can truly inspire and motivate others is through actions, not just words.

**WC: What have been your experiences with mentorship throughout your career?**

DD: Initially, I didn't really seek out mentorship as I had limited aspirations to be in leadership. At my previous institution, I went to a Women in Medicine Committee meeting and heard a Black woman speak about her journey to senior leadership and I emailed her to set up a meeting and told her about my ideas for the organization. I asked if she would mentor me and she said "no thank you." I tell medical students that now. Don't lead with, "Will you mentor me?" instead focus on building a relationship to even see if you align. As I got better at cultivating real relationships, I started having much more success with mentorship.

I wish that I had been more purposeful about senior mentorship earlier in my career, but I primarily focused on building a network of supportive peer mentors and allies. Ultimately, this approach was incredibly helpful. I don't think it is stressed enough how helpful that can be. These people became

collaborators for research writing groups, helped keep me accountable, and we leveraged each other's skill sets to lessen the load. "I'll write, you edit." "You like sending abstracts to conferences, enjoy!" I am awful at self-promotion, but I have a friend who would make sure that she amplified me in department meetings or on social media when I had a paper or presentation. We are so much better about helping each other out than ourselves.

**WC: What advice do you have for women faculty and trainees in the Department of Medicine?**

DD: First and foremost, have confidence in your skills and knowledge and avoid comparing your winding path to anyone else's journey. Trust in your abilities and never doubt your potential.

- **Say yes if the only reason you are saying no is fear.** When I told one of my mentors about an opportunity that was offered that I didn't think I was ready for, he said, "Say yes and figure it out later." This is historically what men do. As women, we talk ourselves out of things unless we believe we are 100% qualified. He said, "If you are 100% qualified for a job, that's a lateral move or beneath you." We need to get comfortable stepping out of our comfort zones so that we can grow, gain experience, and demonstrate our capabilities. Seek out opportunities that are important to you and volunteer for leadership roles, even when they seem daunting.
- **Network and build relationships:** Connect to people in your field at conferences, seminars and other events. Building a professional network opens doors to collaboration, research opportunities, mentorship, and eventually sponsorship where other people advocate for your professional growth.
- **Advocate for yourself:** Speak up about your career goals, seek out opportunities with people who are doing work that you are interested in, and make your intentions known. Also advocate for your right to prioritize self-care. Balancing the demands of a career in medicine is challenging enough but when you also have family responsibilities, it can feel impossible. Don't be afraid to ask for flexibility when it is needed.

**WC: What are your goals and vision in your role as Associate Dean for Health Equity, Diversity, and Inclusion (HEDI)?**

DD: My lofty goal is to help create a healthcare workforce that reflects the diversity of the communities we serve, eliminate health disparities, and promote health equity so that everyone has equal access to quality healthcare; but that's my 10-year plan (haha).

Right now, my primary goal is to recruit and support our students into an environment that embodies the principles of equity, diversity, and inclusion. This requires fostering a culture of inclusivity. As part of the executive admissions committee, we are intentional about recruiting a diverse student population, but the most important part of my job is to create an inclusive community where all students, faculty, and staff feel a deep sense of belonging. Alongside Dr. Woodruff and other amazing staff and faculty, we work with the Identity and Inclusion Committee to create programming and provide a venue where student representatives can discuss concerns from their respective communities. We can respond to local, national, and international events that are impacting our students and create action plans to address their needs. ■



## WOMEN IN THE NEWS: FACULTY SPOTLIGHT



**Anindita Basu, PhD, Assistant Professor,  
Department of Medicine, Section of Genetic  
Medicine**

Basu leads a multi-disciplinary research group that uses genomics, microfluidics, imaging and nano/bio-materials to develop new tools to aid in diagnosis, understanding and treatment of disease. Basu obtained B.S. in Physics and Computer Engineering at the University of Arkansas, and Ph.D. in Physics at University of Pennsylvania, followed by post-doctoral studies in Applied Physics at Harvard University, and Systems Biology at the Broad Institute. She co-invented two high throughput single-cell/nucleus RNA-seq technologies during her post-doc that have been widely adapted across the world to dissect the role of different cell-types in different tissues and organisms.

Leveraging multiple collaborations with physicians, geneticists, statisticians, engineers and her lab's expertise in custom droplet microfluidic and molecular biology techniques, she is applying single-cell genomics to map cell types and their functions in different organs, including the human heart, gut, and female reproductive system for the global Human Cell Atlas initiative; she then uses the findings from healthy organs as a basis to compare their functions in inflammatory bowel disease and ovarian cancer.

Microbial communities are key influencers of homeostasis and disease in different tissue microenvironments. Supported by the NIH Director's New Investigator award, she is developing new device fabrication, microfluidics and imaging tools to characterize microbial species and functions, understand variability in microbial transcription, how microbes interact with the host biology to support health or disease, and the mechanisms of drug resistance in pathogens.

In a qualitatively different project, she is working with Dr. Mary Hammes in the section of Nephrology to combine medical imaging, 3D modeling, 3D printing and soft lithography to build personalized fluidic models that capture a patient's unique vein geometry, hemodynamics and biochemical factors. These patient-specific models are used to predict repeated thrombosis and stenosis events in patients undergoing regular hemodialysis.

Basu grew up in Kolkata, India, and has found home in many cities in the US. In her free time, Basu enjoys reading about myths and folk tales from around the world, cooking and exploring virtual reality. ■



## NEW FACULTY



**SARA ABDELAZIZ, MD**  
Assistant Professor of Medicine (Endocrinology)

Dr. Abdelaziz earned her medical degree from the University of Khartoum Faculty of Medicine. She completed her residency at St. Luke's Hospital where she also served as chief resident and completed her fellowship at Beth Israel Deaconess Medical Center. Dr. Abdelaziz has special interest in diabetes research, particularly on providing care for young adults in underserved communities.



**MANIK AMIN, MD**  
Assistant Professor of Medicine  
(Hematology/Oncology)

Dr. Amin earned her medical degree at the Mahatma Gandhi Institute of Medical Sciences. She completed her residency at the John Stroger Jr. Hospital of Cook County and fellowships at Kansas University Medical Center and Washington University in Saint Louis. Dr. Amin is a Gastrointestinal Oncologist and clinical researcher with an expertise in designing and conducting clinical trials which would identify the current clinical therapeutic knowledge gap and incorporate the valid scientific hypothesis based on the specific knowledge deficit to scientifically answer the research questions which may lead to treatment and practice changing guidelines.



**ELIZABETH BELL, MD**  
Assistant Professor of Medicine (Infectious  
Diseases and Global Health)

Dr. Bell earned her medical degree from the Creighton University School of Medicine. She completed her residency at Rush University Medical Center. She is a graduate of the department's fellowship program where she also served as chief fellow. Dr. Bell's academic interests are focused on immunocompromised hosts, antimicrobial stewardship and medical education.



**JANET CHIN, MD**  
Assistant Professor of Medicine  
(Hematology/Oncology)

Dr. Chin earned her medical degree from Rush Medical College. She completed her internal medicine and pediatrics residency at the University of Illinois at Chicago Medical Center where she also served as chief resident and completed her fellowship. Dr. Chin is dedicated to optimizing the care of patients facing the serious health care crisis of a cancer diagnosis by applying clinical research and results to enhance the clinical practice of medicine. →



# NEW FACULTY, CONTINUED



**NOA KRUGLIAK CLEVELAND, MD**  
Assistant Professor of Medicine (Gastroenterology)

Dr. Krugliak Cleveland earned her medical degree at the University of Illinois at Chicago. She completed her residency, fellowship, and advanced fellowship in inflammatory bowel disease (IBD) at the University of Chicago. Dr. Krugliak Cleveland's academic interests focus on prevention of disease progression, novel therapeutics, and imaging techniques. She is the Director of University of Chicago Intestinal Ultrasound Program and is a recognized leader in non-invasive technology for the management of patients with IBD.



**MARTINA DAMO, PHD**  
Assistant Professor of Medicine (Rheumatology)

Dr. Damo earned her PhD from the Swiss Federal Institute of Technology in Lausanne (EPFL) and completed a postdoctoral fellowship at Yale University. Dr. Damo's academic interests are focused on understanding how immune checkpoint receptors expressed by T cells contribute to immunological tolerance under physiological settings and how immunotherapy with checkpoint blockade causes immune-related Adverse Events (irAEs) in cancer patients. The goals of her research are to find pathways of T cell tolerance that are druggable and bioengineer targeted therapies for inducing or preventing tolerance, depending on disease setting, as well as developing therapeutic approaches for preventing or limiting irAEs in cancer patients.



**YVONNE EL KASSIS, MD**  
Assistant Professor of Medicine (Nephrology)

Dr. El Kassis received her medical degree from the St. Joseph University School of Medicine in Beirut. She completed her residency at the Hotel-Dieu de France University Hospital and the Cleveland Clinic Foundation. She completed fellowships in Nephrology and Hypertension at the Cleveland Clinic Foundation and Transplant Nephrology at Northwestern University. Dr. El Kassis' interests are in increasing access to transplantation for underrepresented minorities including patients with sickle cell disease and with a particular interest in pregnancy in childbearing age kidney transplant recipients.



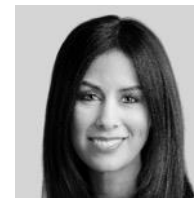
**AMBER JOHNSON, MD, MS, MBA**  
Assistant Professor of Medicine (Cardiology)

Dr. Johnson earned her medical degree from the Sidney Kimmel Medical College of Thomas Jefferson University. She completed her residency at the Bayview Medical Center, Johns Hopkins School of Medicine and fellowship at the University of Pittsburgh School of Medicine where she also completed a postdoctoral fellowship. She earned a Master of Science in Clinical Research degree from the University of Pittsburgh. Dr. Johnson's academic interests are focused on social determinants of health, including neighborhood context and cardiovascular disease risk.



**ANILA KHAN, MD**  
Assistant Professor of Medicine  
(Pulmonary Critical Care)

Dr. Khan earned her medical degree from Creighton University School of Medicine. She completed her residency at Rush University Medical Center where she also served as Chief Resident and completed her fellowship at Loyola University Medical Center. Dr. Khan's academic interests are focused on interstitial lung disease and lung transplantation.



**MAYLYN MARTINEZ, MD, MSC**  
Assistant Professor of Medicine  
(Hospital Medicine)

Dr. Martinez earned her medical degree from The Feinberg School of Medicine at Northwestern University. She completed both her residency and chief year at the University of California, Irvine. She completed her postdoctoral research fellowship and earned a Master of Science for Clinical Professionals degree at the University of Chicago. Dr. Martinez's research focuses on disparities by race and social vulnerability in post-hospital syndrome, hospital-associated disability, and acute and post-acute physical rehabilitation utilization.



**LIN SHEN, MD, PHD**  
Assistant Professor of Medicine (Rheumatology)

Dr. Shen earned her medical degree from the Peking Union Medical College. She earned a PhD from the Johns Hopkins University School of Medicine. She completed her residency at the University of Pittsburgh Medical Center and her rheumatology fellowship at the University of California, San Francisco. Dr. Shen's academic interests are focused on understanding the impact of T cell antigen receptor signaling pathways on immune tolerance and the pathogenesis of autoimmune diseases.



**ANNE SYMMES, MD**  
Assistant Professor of Medicine  
(Hospital Medicine)

Dr. Symmes earned her medical degree from Georgetown University School of Medicine and completed her residency at Baylor College of Medicine. Dr. Symmes' academic interests are focused on mentorship, student advising, curricular innovations surrounding transition to residency courses and the role of learners on direct care hospital medicine services. ➔



## NEW FACULTY, CONTINUED



**JENNIFER SZAFRAN, MD**  
Assistant Professor of Medicine  
(Pulmonary Critical Care)

Dr. Szafran earned her medical degree from the University of Chicago's Pritzker School of Medicine and is a graduate of the Department's Internal Medicine Residency Program where she served as chief resident. She is also a graduate of the Department's fellowship program. Dr. Szafran's academic interests are focused on evaluating the need for and success of novel curricula.



**SUDHA YARLAGADDA, MD**  
Assistant Professor of Medicine  
(Hematology/Oncology)

Dr. Yarlagadda earned her medical degree from the Saint Louis University School of Medicine. She completed her residency and fellowship at Baylor College of Medicine. She completed an Advanced Fellowship in Health Professions, Education, Evaluation and Research at Michael E. DeBakey Veteran Affairs. Dr. Yarlagadda's academic interests are looking at frailty assessment in younger, metastatic breast cancer patients.



**EN-LING WU, MD**  
Assistant Professor of Medicine (Infectious Diseases and Global Health)

Dr. Wu earned her medical degree from the University of Michigan Medical School. She completed her residency and fellowship at the McGaw Medical Center of Northwestern University. She also earned a Master of Science degree in Clinical Investigation from Northwestern University. Dr. Wu's academic interests are focused on the implementation of novel therapeutics for treatment of SARS-CoV-2 and mpox virus and the prevention of HIV. ■



## NEW APPOINTMENTS

**Jeanne DeCara, MD**—Associate Dean of Academic Affairs for the Clinical Sciences, Biological Sciences Division

**Krysta Wolfe, MD**—Sepsis Quality Director, University of Chicago Medicine Health System



## RECENT PROMOTIONS

Promoted to the rank of Professor – **Keme Carter, MD – Emergency Medicine, Sonia Kupfer, MD – Gastroenterology, Sarah Stein, MD – Dermatology**

Promoted to the rank of Associate Professor – **Hae Kyung Im, PhD – Genetic Medicine, Sushila Dalal, MD – Gastroenterology, Adena Rosenblatt, MD – Dermatology, Jennifer Rusiecki, MD – General Medicine, Kimberly Stanford, MD – Emergency Medicine** ■



## APPOINTMENTS/ELECTIONS, HONORS, AND AWARDS

**Lisa Vinci, MD** – Appointed to the University of Chicago Faculty Practice Plan Physician Engagement Sub-Committee

**Keme Carter, MD** – Recipient of the Biological Sciences Division Distinguished Leader in Diversity and Inclusion Award

**Wendy Stock, MD, MA** – Recipient of the Biological Sciences Division Francis H. Straus Mentorship Award

**Wei Wei Lee, MD, MPH** – Recipient of the Bucksbaum Institute Pilot Grant Award for her project "Diversity, Equity and Inclusion Programs in US Medical Schools and Well-being of DEI Leaders: A National Study"

**Monica Malec, MD** – Selected as a Bucksbaum Institute for Clinical Excellence Senior Faculty Scholar

**Amber Johnson, MD, MS, MBA** – Selected as a Bucksbaum Institute for Clinical Excellence Junior Faculty Scholar

**Laura Dickens, MD** – Selected as a Bucksbaum Institute for Clinical Excellence Associate Junior Faculty Scholar

**Shellie Williams, MD** – Selected as a Master of the Academy of Distinguished Medical Educators

**Christine Babcock, MD** – Named Fellow of the Academy of Distinguished Medical Educators

**Doriane Miller, MD** – Selected as an Alpha Omega Alpha Beta Chapter Class of 2024 Faculty Honoree Inductee ■



## NEW/RENEWED FEDERAL GRANTS

**Mengjie Chen, PhD** - New directions in single cell genomics method development (2R01GM126553-06A1)

**Ana Hotton, PhD, MPH** - Computational modeling to evaluate socio-structural interventions for HIV and substance use (1 R01 DA057350-01A1)

**Tamar Polonsky, MD, MS** - COCOA PAD II: Effect of Cocoa Flavanols on the Gut Microbiome and Functional Performance (1 R21 AG081706-01A1)

**Jessica Ridgway, MD, MS** - Clinical Phenotyping for Prediction of Retention in HIV Care (1 R21 MH134756-01)

**Esra Tasali, MD** - Sleep Extension: A Novel Intervention for Weight Loss in Young Adults (1 R01 DK136214-01A1)

**Anna Volerman, MD** - Roseland Youth Rise (15PJDP-23-GK-00786-CEVJ)



## THE BALANCING ACT:

HOW DO WOMEN BALANCE ACADEMIC SUCCESS WITH HOME AND PERSONAL LIFE? WHAT ADVICE WOULD WOMEN GIVE OTHER WOMEN?



**DR. IAZSMIN BAUER  
VENTURA, MD**

**Assistant Professor  
Section of Rheumatology**

### PROFESSIONAL ACCOMPLISHMENTS

Dr. Iazsmin Bauer Ventura is an Assistant Professor in the Section of Rheumatology whose clinical focus is on inflammatory myopathies and autoimmune-related interstitial lung diseases. As part of UChicago Medicine's multidisciplinary interstitial lung disease team, Dr. Ventura works with other specialty experts to diagnose, treat and manage interstitial lung diseases. Dr. Bauer Ventura is an expert in inflammatory myopathies (also called myositis), including dermatomyositis, antisynthetase syndrome, immune-mediated necrotizing myopathies, inclusion body myositis, overlap myositis syndromes and polymyositis. She is the director of the Myositis Program at UChicago Medicine and a collaborator in numerous projects with well-recognized international leaders in the field. In addition to her clinical practice, Dr. Ventura serves in several international research groups that aim to advance knowledge in the fields of interstitial lung diseases and myositis. She is also a dedicated clinical educator, teaching and advising medical students, residents and fellows, providing guidance as they move through their medical career.

### WORK-LIFE BALANCE

I had been in a boat for a few days diving in the gelid waters of the Galapagos islands with my husband; when the fatidic question arrived, the one all couples in their 30's without children get in a regular basis: "Are you thinking of having kids?". This trip was indeed our last adventurous one before Miguel was born. Our dear baby boy came on April 25th, 2023 after a 10-month long marathon of mental and

physical preparation: I made plans for my patients during my absence, meditated and exercised daily, read a big pile of books on natural delivery, breastfeeding, early human development....

Nothing could have really prepared me for the intensity of the waves that followed his birth. The joy of having a baby to call yours and seeing him smile, grow, look back at me with the most naïve eyes is something incomparable to any other experience. Alongside it, the grief that hits me every time I leave home and hear him cry from the elevator is real and it hurts, raw every single time. The cruelty of coming back to work after only 12 weeks of his birth made me cry for our sisters in this country who cannot even have 4 weeks of maternity leave; the exhaustion of playing catch with work before he wakes up and after he is asleep makes me wonder if I should quit Medicine altogether. I became more porous, angry when I heard that President Biden would not attend the COP28 Climate Conference, devastated at the images of children being killed in the Middle East. Even for a good swimmer, these last 7 months have been an exercise in staying afloat in the crispiest sea I have been in.

At the moment, my balance act can be summarized as the occasional awareness that below the waves there is the sea, calm and untouched by the busy surface, the one in which there is just my breath and the vast blue that makes everything mesmerizingly small. In between these lapses of reality, I long every day to see the smile of my sweet little boy after rushing from a busy day in the hospital carrying a few bottles of pumped breastmilk under my arms. I dream of the day he will be swimming with me, hopefully embraced rather than swallowed by the waves that will inevitably come. ■



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Research Letter | Medical Education

## Policies to Support Lactation at Highly Ranked US Medical Schools

Lekshmi Santhosh, MD, MAEd; Ashley Vo, BA; Caroline Wick, BA; Michelle Mourad, MD; Urmimala Sarkar, MD, MPH; Reshma Jagsi, MD, DPhil; Christina Mangurian, MD, MAS



## ARTICLE: INSTITUTIONAL SUPPORT FOR LACTATING PHYSICIANS?

In this cross-sectional study, authors examined lactation-support policies at the top 50 U.S. medical schools by obtaining data from institutional websites as well as verifying the data with institution-specific representatives through email.

The breakdown for lactation support for the included institutions were as following:

- 70% (35/50) had employee-only lactation rooms
- 50% (25/50) provided toolkits for supervisors to support lactating employees returning from leave
- 58% (29/50) provided outpatient lactation consultant supports
- 43% (23/50) provided peer support
- 82% (21/50) had an easily accessible contact for issues with lactation facilities

- 70% (35/50) linked to web sites about troubleshooting common lactation challenges
- **8% (4) had any financial incentives to make up for clinical time lost while lactating**

While all of the included medical schools had a clear list of lactation rooms and clearly posted institutional lactation policies, only 4/50 had any financial incentives to make up for clinical time lost while lactating. Without these policies, **lactating physicians must choose between clinical compensation or taking breaks to express breastmilk**; this clearly does not support gender equity and reproductive justice in medicine. The authors suggest that policies within the profession of medicine should be updated to reflect the needs of lactating physicians. ■



## TRAINEE SPOTLIGHT



### Pritzker Women in Medicine Work Life Balance Panel

This past May, a panel on work life balance was held in coordination with leaders of the medical school's Women in Medicine student organization. Attending physicians spanned a broad range of departments, and included:

Dr. Elizabeth Blair, Head and Neck Surgery  
 Dr. Arielle Cimeno, Transplant Surgery  
 Dr. Dayle Davenport, Emergency Medicine  
 Dr. Marion Henry, Pediatric Surgery  
 Dr. Rochelle Naylor, Pediatric Endocrinology  
 Dr. Julie Oyler, Internal Medicine  
 Dr. Jennifer Rusiecki, Internal Medicine  
 Dr. Paula Williams, Pediatric Cardiology →



# TRAINEE SPOTLIGHT, CONTINUED

The panel fielded questions on choosing a specialty and a career, balancing starting a family and being a parent with medical training and a career as a physician, experiences of gender discrimination and gender-related hurdles in training and practice, and general advice for young female trainees as they begin their medical training and plan for the career ahead of them. The panelists shared from their personal experience the lessons they had learned and the advice they had for young women entering the field.



**Renee Tristano, leader of Pritzker’s Women in Medicine student organization, had the following to say about the panel:**

“I am so grateful the panelists were willing to share their collective wisdom and unique experiences with us. They encouraged us to choose ourselves, give ourselves grace as we balance the responsibilities of parenthood and medicine (recognizing sometimes that looks like prepping charts on the weekend or bringing your kids with you on rounds), focus our energy on the battles which matter most, strive to be leaders, keep our priorities at center, and not apologize for who we are. The panel was a huge success, and we look forward to continuing to collaborate with the Department of Medicine Women’s Committee on future events!” ■

## RECENT DOM WOMEN’S COMMITTEE EVENTS

Mentoring Event with Dr. Dolores Shoback, Professor of Medicine, University of California, San Francisco, Endocrine Section on Monday October 2, 2023

## UPCOMING DOM WOMEN’S COMMITTEE EVENTS

Department of Medicine Grand Rounds sponsored by Women’s Committee Dr. Caprice Greenberg “Coaching for Continuous Professional Development” January 9, 2024, 12:00pm - 1:00pm P117 or Zoom link ■



## WOMEN AT THE FOREFRONT EDITORIAL BOARD

Julie Oyler, MD  
Adriana Segura Olson, MD, MA.Ed  
Nancy Zavala

