To develop and enhance the academic environment for women faculty and trainees through networking, mentorship, professional development, and advocacy.

Committee Mission Statement

Christine Babcock, MD MSc, Associate Professor of Medicine, Interim Chief of the Section of Emergency Medicine was named Associate Dean for Graduate Medical Education (GME) and Designated Institutional Officer (DIO) for the Pritzker School of Medicine effective January 1, 2022. In her new role, Dr. Babcock will oversee all aspects of graduate medical education, assuming the leadership for the PSOM GME Office which supports all of the residency and fellowship training programs at both University of Chicago Medicine and NorthShore University HealthSystem. Dr. Babcock received her MD from the University of Wisconsin Medical School and completed her Emergency Medicine training at the University of Chicago in 2007. Upon completion, she joined the faculty in the Section of Emergency Medicine. Prior to being named Interim Section Chief, she served as director of the Emergency Medicine Residency Program, a position that she held since 2011. Dr. Babcock also holds a Master of Science in Threat and Response Management from the University of Chicago Graham School.

Dr. Babcock has been recognized as an outstanding clinician, educator, and role model by the Emergency Medicine residents. Her passion for providing excellent education is exemplified by her many innovative contributions to the residency program including a redesign of the residency curriculum, implementation of a comprehensive board review program, creation of a formalized mentorship program, and advancing efforts to support a diverse and inclusive training environment. In recognition of Dr. Babcock’s outstanding work, she was the recipient of the Outstanding EM Faculty Mentorship Award in 2010 and 2015, the 2018 Emergency Medicine Resident Association’s National Faculty Mentor of the Year Award, and the 2020 University of Chicago GME Program Director of the Year Award.

In addition to her contributions to resident education, Dr. Babcock has made significant contributions in her role as one of Emergency Medicine’s International Medicine faculty. As first responder to the Haiti earthquake disaster in 2010, she led a team in the development of one of the largest acute phase field hospitals. Her role in Haiti has contributed to her international recognition as one of the upcoming leaders in global health. She also co-led the UCMC’s disaster relief efforts following Hurricane Katrina in 2005.
As a leader, Dr. Babcock is President of the Illinois College of Emergency Physicians (ICEP), the state medical specialty society representing more than 1,340 emergency physicians. She also serves as chair of their Finance Committee, and as a member on the Education Committee. She is also recognized for her commitment to diversity and inclusion and currently serves as a Co-Chair for the Emergency Medicine Council of Residency Directors Diversity and Inclusion Committee. Nationally, she was recently selected as a member of the American College of Emergency Physicians Education Committee.

WC: What helped you develop leadership skills and be named to leadership positions throughout your career?

CB: It’s important to put yourself in situations to learn from others and to seek out mentors. As junior faculty, taking advantage of lectures and workshops at the institutional level as well as at national meetings is helpful to gain skills to take into your practice which is something that I could have taken advantage of more. For me, some of my leadership success has been luck, but a lot has been about being present and involved. Success in leadership involves being an advocate for those you are leading and not being afraid to push your boundaries and step outside of your wheelhouse in order to be named to leadership positions.

WC: What have been your experiences with mentorship throughout your career?

CB: Mentorship has been essential for me and it is important to have more than one mentor including some that are not necessarily within your area of interest and expertise. Some mentor-mentee relationships organically develop, but others you need to seek out; look for those people that emulate what you want to do well in a particular area and don’t be afraid to ask them to be your mentor. It’s also important to have peer mentors as well as to have mentors outside of medicine. At this point in my career, I enjoy being a mentor more than a mentee, but it is important to both. The more you mentor the more you learn how to best approach and benefit from the mentor-mentee relationship as a mentee.

WC: What advice do you have for women faculty and trainees in the Department of Medicine?

CB: I have a few pieces of advice for women faculty and trainees in the Department of Medicine.

Don’t underestimate your value and your worth both on a team and within the institution. Remember that you don’t have to be the “perfect” candidate to be competitive for new roles and new levels of responsibility so put yourself out there.

Seek out mentorship early. At times, medicine is different for women than men so it is important to have female mentors that have navigated the challenges of being a woman in medicine.

Give yourself some grace. It is challenging to balance the different aspects of your life: fostering your own personal growth, being an outstanding clinician, being a researcher, and being a good family member and/or parent. You don’t have to be 100% in all these areas all the time, you may do some parts well one day and other parts well another day.

Dr. Babcock recently held a listening session for the Graduate Medical Education(GME) Committee. She opened the floor for participants to share ideas about what they would like to see continue in terms of GME’s work and new initiatives they might like to see implemented. Participants shared that they appreciate and want to see a continuation of the monthly breakfasts, well-being initiatives, institution-level support for recruitment, focus on diversity, equity, and inclusion, the community champions program, and sharing of best practices among programs. In the future participants hoped to see themes around increased opportunities for cross-program/cross-institution collaboration and community-building at all levels, centralized or consolidated information about learning opportunities from Grand Rounds to MERITS fellowship, continued development of shared resources such as a dedicated space, funding for conference attendance, and maintaining safety as a top priority.

THE EDITORS

Recently the Department of Medicine (DOM) Women’s Committee (WC) evaluated the percent of women speaking at our departmental grand rounds. In a 2017 research letter in JAMA, Bioko and colleagues found that “among grand round sessions delivered by non-trainees, female representation ranged from 19.6% to 53.3% (median, 26.2%).” They similarly found that across all specialties, “audiences are not typically exposed to presenter lineups resembling their demographic gender”. DOM data was evaluated from 2004-2021 and counted by the DOM WC. During the period from 2010-2020, grand rounds consisted of 50% internal speakers, 41% external speakers and 9% Chief Resident/Resident speakers. Of the 274 internal speakers, 59% (163/274) were men and 41%(113/274) were women. Of the 227 external speakers 71%(161/227) were men and 29%(66/227) were women. Of the 49 resident speakers, 41%(20/49) were female chief residents, 37%(18/49) were male chief residents, 18%(9/49) were male residents and 4%(2/49) were female residents. In 2021, approximately 43% of the DOM faculty are women. This graph depicts that the percent of internal speakers who are women has approached 43%, but the percent of invited external speakers still has room for improvement. This data was presented to departmental leaders as they were considering grand round choices for the 2021-2022 academic year.
Kathleen Wiest, MD and Marie Dreyer, MD, Chief Residents, Internal Medicine Residency: Co-Facilitators

The Internal Medicine Residency Program partnered with Dr. Amanda Adeleye (Reproductive Endocrinology and Infertility) to provide education around ovarian aging and infertility, an issue that affects 1 in 4 female physicians. We hosted an evening panel discussion on December 8th for all interested DOM trainees and faculty to engage in an open conversation, with the intention of creating a safe space to share thoughts, questions and experiences related to infertility. Additionally, Dr. Adeleye gave a didactic lecture on clinical questions surrounding infertility to all internal medicine residents at a noon conference. The importance of increasing fertility education and awareness starting at the trainee level has been highlighted by Dr. Vinny Arora in the article “Physician Fertility: A Call to Action,” published in Academic Medicine in May 2020.

NEW FACULTY

NAN CHEN, MD
Assistant Professor of Medicine (Hematology/Oncology)

Dr. Chen received her MD from New York Medical College and completed her residency and fellowship training at Baylor College of Medicine. Her academic interests include immune-oncology, biomarker development, developmental therapeutics, and healthcare disparities.

NOA KRUGLIAK CLEVELAND, MD
Instructor (Gastroenterology, Hepatology & Nutrition)

Dr. Krugliak Cleveland received her MD from the University of Illinois at Chicago (UIC) and completed her residency and fellowship training at UCM. Her academic interests focus on disease outcomes and prevention of disease progression. She has investigated motility and rectal compliance in patients with ulcerative colitis and investigated new visualization techniques for the detection and management of dysplasia and cancer in IBD patients. Dr. Krugliak Cleveland has additional interest in primary sclerosing cholangitis in those with concomitant IBD, vaccines and immune status in IBD patients, as well as novel therapies for the treatment of IBD.

A. JUSTINE LANDI, MD
Assistant Professor of Medicine (Geriatrics/Palliative Medicine)

Dr. Landi completed her MD at the University of Louisville School of Medicine followed by internal medicine residency training at UIC. She completed fellowships in geriatrics, palliative/hospice medicine, and clinical medical ethics at John Stroger Hospital/Rush Medical Center, and UCM respectively. Dr. Landi provides comprehensive care for older adults that focuses on the management of multiple chronic medical conditions, safe transitions of care, treatment of opioid use disorder, medication optimization, delirium prevention and care, and palliative care. She works with surgical teams for the evaluation and management of frailty in geriatric surgical patients, specifically working with the renal transplant interdisciplinary team.

ALEJANDRA LASTRA, MD
Assistant Professor of Medicine (Pulmonary/Critical Care)

Dr. Lastra received her MD at Jose Maria Vargas School of Medicine in Caracas Venezuela, followed by her internal medicine residency training at Albert Einstein Medical Center. She completed her pulmonary/critical care fellowship training at Temple University and her sleep medicine fellowship training at UCM. Dr. Lastra has a special interest in COPD-obstructive sleep apnea overlap syndrome, non-invasive positive pressure ventilation, central sleep apneas and hypoglossal nerve stimulation.

CATHRYN LEE, MD
Instructor (Pulmonary/Critical Care)

Dr. Lee earned her MD from Emory University and completed her internal medicine residency and pulmonary/critical care fellowship training at UCM. Dr. Lee’s research focuses on the relationship between inhalational exposures, both occupational and domestic, and clinical outcomes in patients with interstitial lung disease (ILD). Her current work describes the relationship between exposures and survival across all ILDs regardless of underlying subtype. Her overall goal is to better identify these exposures to both improve outcomes in patients with ILD as well as prevent ILD in those who are at high risk.

ISABEL MALONE, MD
Assistant Professor of Medicine (Emergency Medicine)

Dr. Malone received her MD at Loyola Stritch School of Medicine and completed her emergency medicine residency training at Emory University. She completed her fellowship in Medical Education at UCM. Dr. Malone is interested in residency education as well as in community engagement to help integrate community partnership with the EM residents.
MAYLYN MARTINEZ, MD
Instructor (Hospital Medicine)
Dr. Martinez received her MD at Northwestern University and completed her residency training at the University of California, Irvine. Dr. Martinez’s academic interests include post-hospital syndrome and hospital-associated disability, implementation of inpatient mobility programs, and using clinical decision support to change clinician behavior with changing clinical guidelines.

MARIAN NAWAS, MD
Assistant Professor of Medicine (Hematology/Oncology)
Dr. Nawas received her MD at the University of Missouri – Kansas City followed by residency training at UCSF. She completed her fellowship training at Memorial Sloan Kettering Cancer Center. Dr. Nawas’ academic interests are focused on improving patient-reported outcomes and survival of older adults undergoing cellular therapy.

KHANH NGUYEN, MD
Assistant Professor of Medicine (Hospital Medicine)
Dr. Nguyen received her MD at UIC and completed her internal medicine residency at Washington University St. Louis. Dr. Nguyen is a hospitalist physician with an interest in inpatient triage and transitions of care. She is the director of triage for the Hospital Medicine section and oversees the triage service, a hospital wide service that screens and distributes admissions and transfer of medical patients within the hospital. Her goal is to implement triage and admission processes that can improve patient safety, efficiency, and capacity. She also has an interest in quality improvement, interhospital transfers, and EHR optimization.

HENA PATEL, MD
Assistant Professor of Medicine (Cardiology)
Dr. Patel earned her MD from Wayne State University and completed her residency and fellowship training at Rush University. She recently completed an advanced cardiac imaging fellowship at UCM. Dr. Patel is interested in utilizing advanced cardiac imaging techniques to understand coronary microcirculatory dysfunction, which has a fundamental role in the pathophysiology of cardiovascular disorders in women.

MARY RINELLA, MD
Professor of Medicine (Gastroenterology, Hepatology & Nutrition)
Dr. Rinella received her MD from UIC followed by her residency training at UCM. She is a graduate of Northwestern’s GI fellowship program. Dr. Rinella’s interest is in advancing the understanding and treatment of nonalcoholic steatohepatitis (NASH), the most common cause of liver failure requiring liver transplantation among women and second most common among men.

AMY XU, MD, MA
Assistant Professor of Medicine (Dermatology)
Dr. Xu completed her MD and dermatology internship at Washington University St. Louis followed by her residency and chief residency at Zucker School of Medicine at Hofstra/Northwell in New York. Dr. Xu is a general dermatologist with special interest in complex medical dermatology. Her clinical and research interests include autoimmune blistering disease, neutrophilic dermatoses, supportive oncodermatology, inpatient consultative dermatology, and rheumatic/infec tious diseases affecting the skin (eg, connective tissue disease, vasculitis, cutaneous bacterial and fungal infections).

NAMED PROFESSORSHIPS
Monica Peek, MD, MPH (General Internal Medicine)
Ellen H. Block Professor for Health Justice

Bana Jabri, MD, PhD (Gastroenterology, Hepatology & Nutrition)
Sarah and Harold Lincoln Thompson Distinguished Service Professor

NEW APPOINTMENTS
Yu Ying He, PhD - Appointed to the BSD Research Resources Oversight Committee
Tamar Polonsky, MD, MSCI - Chair, Emergency Medicine Chief Search Committee
Uzma Siddiqui, MD - Director of Center for Endoscopic Research and Therapeutics (CERT)
Christine Babcock, MD, MSc (Emergency Medicine) - Associate Dean for Graduate Medicine Education & Designated Institutional Officer
Doriane Miller, MD (General Internal Medicine) - Interim Vice Chair for Diversity, Equity and Inclusion
Monica Peek, MD, MPH (General Internal Medicine) - Associate Vice Chair for Research Faculty Development
**Recent Promotions**

- **Promoted to the rank of Professor**
  - Yu Ying He, PhD - Dermatology
  - Dorian Miller, MD - GIM
  - Monica Peek, MD, MPH - GIM
  - Julie Oyler, MD - GIM

- **Promoted to the rank of Associate Professor**
  - Karima Addetia, MD - Cardiology
  - Tia Kostas, MD - Geriatrics & Palliative Medicine
  - Milda Saunders, MD, MPH - GIM
  - Katie Tataris, MD, MPH - Emergency Medicine

**Honor and Awards**

- **NATIONAL/REGIONAL APPOINTMENTS/ELECTIONS, HONORS, AND AWARDS**
  - Arlene Chapman, MD (Nephrology) - Elected to the American Clinical and Climatological Association
  - Julie Oyler, MD (GIM) - Recognized by ACP during Women in Medicine Month (September 2021)
  - Funmi Olopade, MD - ASH William L. McGuire Memorial Lecture Award
  - Wendy Stock, MD (HO) - Co-Chair, Alliance Leukemia Committee & elected to the Executive Committee, ASH
  - Midwest SGIM Annual Meeting Recognition/Awardees:
    - Arshiya Baig, MD, MPH - Installed as 2022 President of the Midwest SGIM
    - Liz Tung, MD, MS - Award for Advocacy and Community Service
    - Milda Saunders, MD, MPH - Award for Excellence in Clinical Investigation

- **DEPARTMENT OF MEDICINE AWARDS**
  - **Diversity Award:** Keme Carter, MD
  - Leif B. Sorensen Faculty Research Award:
    - Alexandra Dumitrescu, MD, PhD & Milda Saunders, MD, MPH
  - **Clinical Service Awards:**
    - Evaluation & Management: Victoria Barbosa, MD

- **NEW GRANTS**
  - **NEW FEDERAL/SELECT NON FEDERAL GRANTS**
    - Valerie Abadie, PhD (Gastroenterology, Hepatology & Nutrition) - New NIH R01 entitled “B cell-T cell crosstalk in celiac disease”
    - Mengjie Chen, PhD (Genetic Medicine) - New NIH R01 entitled “Developing new computational tools for spatial transcriptomics data”
    - Anna Hotton, PhD (Infectious Diseases & Global Health) - New NIH R21 entitled “Computational approaches to understand the impact of social determinants of health on HIV care continuums”
    - Lucy Godley, MD, PhD (Hematology/Oncology) - New grant from the Runx1 Foundation entitled “Delineating the epigenetic landscape and pro-inflammatory gene expression program associated with familial platelet disorder”
    - Jenna Guthmiller, PhD (Rheumatology) - New NIH K99 entitled “Investigating the development and clonal dynamics of broadly neutralizing B cells against influenza viruses”
    - Hae Kyung Im, PhD (Genetic Medicine) - New grant from NIH entitled “Establishing the Genetic Architecture of Genome-scale Metabolic Networks”
    - Karen Kim, MD (Gastroenterology, Hepatology & Nutrition) - New NIH G20 entitled “Facility and Building System Upgrades Support for the Howard T. Ricketts Biocontainment Laboratory”
    - Stacie Levine, MD (Geriatrics & Palliative Medicine) - Renewal of the Coleman Palliative Medicine Training Program
    - Funmi Olopade, MD (Hematology/Oncology) - New grant from the Walder Foundation/Doris Duke entitled “Fund to Retain Clinical Scientists at University of Chicago: SECURED–Supporting Early Career University Researchers to Excel through Disruptions”
    - Valerie Press, MD, MPH (General Internal Medicine) - New NIH R01 entitled “TELE-TOC: Telehealth Education Leveraging Electronic Transitions Of Care for COPD Patients”
    - Jessica Ridgway, MD (Infectious Diseases & Global Health) - New NIH R01 entitled “Implementation and Dissemination of Evidence-Based Interventions to Improve PrEP Care Continuum Outcomes Among Women in Community Health Clinics in the Southern U.S.”
**THE BALANCING ACT:**

**PROFESSIONAL ACCOMPLISHMENTS**

Dr. Megan Prochaska is an Instructor in Medicine in the Section of Nephrology and an Institute for Translational Medicine KL2 Scholar. Her clinical work includes inpatient and outpatient general nephrology with a special focus on kidney stones. Dr. Prochaska researches mechanisms for kidney stone formation and her current study protocols are aimed at identifying mechanisms for the oxalate and citrate association in kidney stone patients versus non-kidney stone patients and understanding hyperoxaluria in obesity and after Roux-en-Y gastric bypass surgery. She also serves as a research mentor to University of Chicago undergraduate students through the Center for Health and the Social Sciences’ Collegiate Training and Mentorship Program and serves on the Intern Selection Committee.

**WORK–LIFE BALANCE**

In addition to being a physician and clinical researcher, I am mother to a toddler (1.5 years old) and excited to share a new addition to our family is due in April 2022. My husband works in energy efficiency and we live in Hyde Park. Together, we work to balance the periods of higher intensity by leaning on nearby family and a flexible home daycare provider. We rely heavily on these precious resources when I am on service, submitting a grant, or when my husband works late.

**Plan Ahead and Schedule Fun**

Finding balance is an ongoing conversation with my husband as the needs of our toddler (and life) change rapidly. When we plan ahead and communicate about the coming week, we can focus on being together during the week. We proactively plan for fun, too. When we find an event like Christmas trees at the Museum of Science and Industry or holiday lights at the Lincoln Park Zoo, we make specific plans and stick to them.

**Maintain Your Social Support Network**

In addition to family support, close relationships from school and training are important for my mental health. Despite having moved to cities throughout the country, I remain close to an incredible group of women from residency. Together we vent, celebrate successes, give advice, and laugh. I count on their love, support, and humorous texts.
GENDER GAPS IN SALARY AND ACADEMIC RANK IN IM

Gender Gaps In Salary and Representation in Academic Internal Medicine Specialties in the US.


The authors analyzed the summary survey data on academic physician salaries from the 2018-2019 AAMC Faculty Salary Report. They found that women comprise 41% of faculty in full-time academic positions across all ranks in IM subspecialties which is increasing. However, while there is 47% female representation at the instructor and assistant professor ranks, at the professor rank, only 24% are women; this gap is largest in procedural subspecialties. Additionally, women’s median and annual salaries are lower across all faculty ranks and IM subspecialties with the largest salary disparities seen in procedural subspecialties.

The authors suggest the importance of improving gender diversity to promote salary equity in IM subspecialties as well as improving representation and closing the salary gap in IM procedural specialties.
RECENT DOM WOMEN’S COMMITTEE EVENTS

DOM Professional Development Event: “Promotion in Academic Medicine”, November 3, 2021, noon – 1pm, Daniella Zipkin, MD, Associate Professor at Duke University

"After Hours" Session on Ovarian Aging and Infertility, Wednesday December 8th, 2021: Dr. Amanda Adeleye (Reproductive Endocrinology and Infertility) provided clinical insight and Drs. Wei Wei Lee, Julie Oyler, Sonali Paul and Valerie Press provided personal experience.

UPCOMING DOM WOMEN’S COMMITTEE EVENTS

DOM Women’s Committee Grand Rounds: "Leadership in Medicine", February 1, 2022, noon – 1pm: Nancy Spector, MD, Vice Dean for Faculty, Professor of Pediatrics, Drexel School of Medicine, Executive Director of the Executive Leadership in Academic Medicine program.

Lucy Lester, MD, retired University of Chicago Pediatric Pulmonologist will speak on her recently published book “Women and the Practice of Medicine,” February 28, 2022, noon - 1pm

DOM Research Day speaker, March 1, 2022: Kimryn Rathmell, MD, PhD, Hugh Jackson Morgan Chair in Medicine, Professor of Medicine, Chair of the Department of Medicine, Physician-in-Chief, Professor of Biochemistry

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WOMEN AT THE FOREFRONT