

# 15TH ANNUAL CHICAGO DIABETES DAY

This half-day program is designed for scientists/investigators, students and clinicians with an interest in diabetes. **Register here:** <https://cvent.me/xk3bO2>

**Saturday, May 15, 2021 9am - 1pm CT**  
**Diabetes Day 2021 Program**

THIS ACTIVITY  
 IS APPROVED  
 FOR \*AMA PRA  
 CATEGORY 1  
 CREDITS™.

## Keynote Presentation: 9:00 a.m. Seth A. Berkowitz

**9:00 - 9:45 am**      **“Food as Medicine for Diabetes”** Seth A. Berkowitz, MD, PhD;  
 General Medicine and Clinical Epidemiology, University of North  
 Carolina at Chapel Hill

### Short Oral Presentations: 9:45 a.m. - 12 p.m.

**9:45 - 10:00 a.m.**      **“My Diabetes, My Community”** Stacy Lindau, MD, MA; University of Chicago  
 Medicine and Elbert Huang, MD; University of Chicago Medicine

**10:00 - 10:15 a.m.**      **“Duodenal Control of Pancreatic Immunity”** Daria Esterhazy, PhD;  
 University of Chicago Medicine

**10:15 - 10:30 a.m.**      **“Dissecting Carbohydrate-Mediated Regulation of Gut-Brain Communication”**  
 Lisa R. Beutler, MD, PhD; Department of Medicine, Northwestern Medicine

**10:30 - 10:45 a.m.**      **“HDL and Beta-Cell Function”** Daisy Sahoo, PhD; Medical College of Wisconsin

**10:45 - 11:00 a.m.**      **“A Sleep Intervention to Improve Glycemic Control and Reduce Diabetes  
 Distress in Working Adults with Type 1 Diabetes”** Pamela Martyn-Nemeth,  
 PhD, RN, FAHA, FAAN; Department of Biobehavioral Nursing Science, University  
 of Illinois Chicago

**11:15 - 11:30 a.m.**      **“Adaptation and Integration of Telehealth Diabetes Discharge Toolkit for the  
 COVID-19 Era”** Amisha Walla, MD; Division of Medicine, Northwestern Medicine

**11:30 - 11:45 a.m.**      **“Building self-regulation capacity in African American T2DM women: feasibility  
 of an ecological momentary intervention”** Cynthia Fritschi, PhD, RN, APRN,  
 CDE; Department of Biobehavioral Nursing Science, University of Illinois Chicago

**11:45 a.m. - 12:00 p.m.**      **“EngAGE: Promoting Activity Among Frail Adults with Diabetes Using  
 Technology”** Megan Huisinigh-Scheetz, MD; Department of Medicine,  
 University of Chicago Medicine

## Keynote Presentation: 12:00 - 12:45 p.m. Louis H. Philipson (UC)

**12:00 - 12:45 p.m.**      **“From Monogenic/Atypical Diabetes to Precision Medicine for Diabetes:  
 An International Initiative”** Louis Philipson, MD, PhD; University of  
 Chicago Medicine

Tuition is free for all. Poster sessions will resume in 2022.

### \*Physician Credit

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Other Healthcare Professions Credit

Other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by the ACCME, please consult your professional licensing board.



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